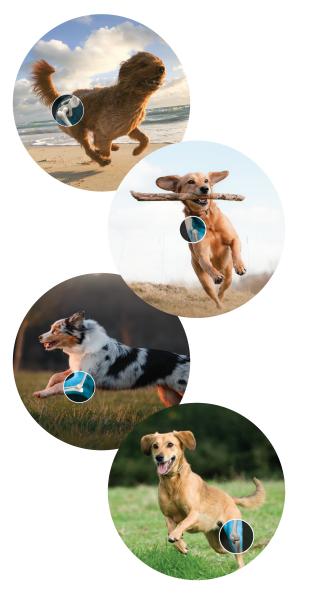
## Arthroscopic Surgery

Arthroscopy is a minimally invasive technique used to diagnose and treat various joint diseases. Arthroscopy is most often used to examine the knee, elbow, hip, and shoulder joints. Arthroscopy is performed by using a telescope-like camera called an arthroscope and small instruments to visualize and treat conditions in a joint.



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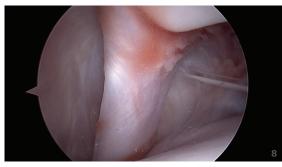
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## An Owner's Guide to Arthroscopy Surgery



### What Are the Advantages of Arthroscopy?

When compared with other surgical approaches, arthroscopic methods give surgeons a clearer view of the inside of a joint, allowing them to see joint issues with improved lighting, greater magnification, and better-controlled bleeding. Because the incisions used in arthroscopy are so small, discomfort is reduced, and recovery may be faster than other surgical procedures.



Arthroscopic shoulder exam

#### How Does It Work?

To begin the procedure, the hair overlying the affected joint is clipped and the skin is prepared aseptically. Small portal incisions are made to allow for the insertion of an arthroscopic camera and instruments. Portals can be used to visualize and document abnormalities, perform procedures to improve tissue healing, and treat some conditions within the joint, including the removal of damaged or diseased tissue (such as bone and cartilage fragments). When the camera and instruments are removed, the incisions can be sewn shut.



Is Your Pet a Good Candidate for Arthroscopic Surgery?

Based on your pet's medical history and physical examination, your veterinarian may be able to detect abnormalities consistent with a joint disorder. Before arthroscopy however, diagnostic imaging of the affected joint, such as radiography or CT, may be recommended to further diagnose and characterize the condition. The combination of diagnostic imaging and arthroscopy may allow for a more comprehensive understanding of the joint condition, facilitate the diagnosis of bilateral or concurrent conditions, and help improve the precision of arthroscopy.



## What Is the Recovery Time?

The length of recovery will be determined by the severity of the damage and the particular condition affecting the joint. The recuperation time is usually shorter than that of standard surgery. Before resuming normal activities like walking, running, and high-impact play, your veterinarian may require your pet to rest for several weeks. Initially, pain and anti-inflammatory medications may be needed. To speed up the recovery process, physical therapy or formal rehabilitation may be recommended.

